



ST. MARY'S COLLEGE (AUTONOMOUS)

(Re-accredited with 'A' Grade by NAAC – 5th Cycle)

Thoothukudi – 628001, Tamil Nadu, India

(Affiliated to Manonmaniam Sundaranar University)

NATIONAL SERVICE SCHEME (UNIT NO. 66, 67, 129 & 130)

2025 – 2026

I. **Objective:** To enrich the talent of the students

Nature of the Event : Competition

Title of the Event : Elocution Competition

Date : 10.07.2025

Mode : Offline

Attachments

Video link:

https://drive.google.com/file/d/1A2RzRHxYJ9lDcg3BWstwNY3uJMRN5gTm/view?usp=drive_link

Brochure



St. Mary's College (Autonomous)
(Re-Accredited with A+ Grade By NAAC)
Thoothukudi



**NATIONAL SERVICE SCHEME &
YOUTH RED CROSS**
(UNIT NO: 67, 130, 66, 129)



Organises a
Elocution Competition
in commemoration of World Population Day

"உலக மக்கள் தொகை பெருக்கத்தினால் ஏற்படும் விளைவுகள்"

Date: 10.07.2025 Time: 10:00 a.m.

With Special wishes from
Rev. Sr. Dr. S. Kulandai Therese, Secretary
Rev. Sr. Dr. Jessie Fernando, Principal
Rev. Sr. Dr. M. S. Ezhilarasi, Deputy Principal
Rev. Sr. Dr. A. Arockia Jenecius Alphonse, SSC Director

ORGANISING TEAM – NSS PO'S
Dr. S. M. Vimala, Assistant Professor of History (Unit No.130)
Dr. X. Amala Steffi, Assistant Professor of English (Unit No.129)
Dr. P. Subavathy, Assistant Professor of Zoology (Unit No.66)
Dr. T. Priyanka, Assistant Professor of Commerce (Unit No.67)
Ms. J. Jancy Rani, Assistant Professor of BBA

YRC Coordinators: Ms. S. Navarathinam, Asst. Professor of Tamil
Ms. S. Aishwarya Durga, Asst. Professor of Psychology

Photo 1



Meeting Report

1. In commemoration of World Population Day on 10th July 2025, National Service Scheme (Unit No. 66, 67, 129 and 130) and Youth Red Cross of St. Mary's College (Autonomous), Thoothukudi organized an Elocution Competition on the topic, “உலக மக்கள் தொகை பெருக்கத்தினால் ஏற்படும் விளைவுகள்”. The prize winners of the competition are A. Muthumadhumitha, II M.A. History won the first Prize, S. Indhumathi, II B.Sc Computer Science got the second Prize and P. Loordhu Rabiya, II B.Sc Computer Science received the third Prize.

II. **Objective:** To raise awareness about global population challenges and issues

Nature of the Event : Rally

Title of the Event : World Population Day

Date : 11.07.2025

Resource Person : Tmt. P. Geetha Jeevan, Minister of Social Welfare & Women Empowerment of Tamil Nadu, and Thiru. K. Elambahavath, I.A.S., District Collector of Thoothukudi & Dr. T. Pon Ravi, MBBS, DA, Deputy Director of Medical Rural Health Services & Family Welfare, Thoothukudi, Dr. Priyadharshini, MBBS, DGO, Joint Director of Health Services, Thoothukudi, Dr. K. Sundarlingam, MBBS, DTCD., Deputy Director of Health Services (Tuberculosis), Thoothukudi

Beneficiaries : 200
Mode : Offline

Attachments

Video link: https://drive.google.com/file/d/1xsw1XjHpaXIMr4Mp7gav36eTAzHu8l-Q/view?usp=drive_link

https://drive.google.com/file/d/1dGY4spQSkMtJed7iXHIHqfYpLnXxj2E/view?usp=drive_link

Brochure

 **St. Mary's College (Autonomous)**
(Re-Accredited with A+ Grade By NAAC)
Thoothukudi

NATIONAL SERVICE SCHEME & YOUTH RED CROSS
(Unit No: 67, 130, 66, 129)



Organises a
RALLY
in commemoration of World Population Day
in collaboration with
FAMILY WELFARE DEPARTMENT, THOOTHUKUDI
Date: 11.07.2025 Time: 09:00 a.m.

FLAG OFF CEREMONY BY


TMT. P. GEETHA JEEVAN
MINISTER OF SOCIAL WELFARE AND
WOMEN EMPOWERMENT OF TAMIL NADU


THIRU. K. ELAMBARAVATHI, I.A.S.,
DISTRICT COLLECTOR
THOOTHUKUDI

Resource Persons

Dr. T. Pon Ravi, MBBS., DA.,
Deputy Director of Medical Rural Health
Services and Family Welfare,
Thoothukudi.

Dr. Priyadarshini, MBBS., DGO.,
Joint Director of Health Services,
Thoothukudi

Dr. S. Sivakumar, MBBS., MD., DA.,
Dean, Medical College Hospital,
Thoothukudi

Dr. Padmanaban, MBBS., DCH.,
Medical Superintendent
Medical College Hospital, Thoothukudi

Dr. M. Yazhini, MBBS., DPH., EIS.,
District Health Officer, Thoothukudi

Dr. V. Vidhya, MBBS., MPH.,
District Health Officer, Kovilpatti

Dr. K. Sundarlingam, MBBS., DTCD.,
Deputy Director of Health Services
(Tuberculosis), Thoothukudi

Dr. B. Yammuna, MBBS., DDVL.,
Deputy Director of Health Services
(Leprosy), Thoothukudi

Dr. M. Saroja, MBBS., MPH.,
City Health Officer, Thoothukudi

With Special wishes from

Rev. Sr. Dr. S. Kulandai Therese, Secretary
Rev. Sr. Dr. Jessie Fernando, Principal
Rev. Sr. Dr. M. S. Ezhilarasi, Deputy Principal
Rev. Sr. Dr. A. Arockia Jenecius Alphonse, SSC Director

Organising Team – NSS PO's

Dr. S. M. Vimala, Assistant Professor of History (Unit No.130)
Dr. X. Amala Steffi, Assistant Professor of English (Unit No.129)
Dr. P. Subavathy, Assistant Professor of Zoology (Unit No.66)
Dr. T. Priyanka, Assistant Professor of Commerce (Unit No.67)
Ms. J. Jancy Rani, Assistant Professor of BBA
YRC Coordinators: Ms. S. Navarathinam, Asst. Professor of Tamil
Ms. S. Aishwarya Durga, Asst. Professor of Psychology

Photo 1



Photo 2





Meeting Report

2. The National Service Scheme (Unit No. 66, 67, 129 and 130) and Youth Red Cross of St. Mary's College (Autonomous), Thoothukudi organized a Rally in the eve of World Population Day in collaboration with Family Welfare Department, Thoothukudi on 11th July 2025. The Flag off ceremony was initiated by Tmt. P. Geetha Jeevan, Minister of Social Welfare and Women Empowerment of Tamil Nadu, and Thiru. K. Elambahavath, I.A.S., District Collector of Thoothukudi. The aim of the rally was to raise awareness about global population challenges and issues, the need for family planning, health education and about the effects of overpopulation. A total of 200 NSS volunteers and YRC students participated in the event. The students from various departments gathered at 9.00 am in front of the college portico. A pledge was taken for World Population Day headed by Tmt. P. Geetha Jeevan, Minister of Social Welfare and Women Empowerment of Tamil Nadu and Thiru. K. Elambahavath, I.A.S., District Collector of Thoothukudi. The rally commenced from St. Mary's College (Autonomous), Thoothukudi and concluded at Indira Gandhi statue, North Beach Road, Thoothukudi. Students carried placards and banners raising slogans to capture public attention and spread the message of population control and sustainable development. The rally was coordinated under the able guidance of college administrators Rev. Sr. Dr. Jessie Fernando, Principal, Rev. Sr. Dr. S. Kulandai Therese, Secretary, Rev. Sr. Dr. M.S.

Ezhilarasi, Deputy Principal, Rev. Sr. Dr. A. Arockia Jenecius Alphonse, Director of SSC along with the cooperation of faculty members and students. The rally was followed by the awareness programme. Dr. T. Pon Ravi, MBBS, DA, Deputy Director of Medical Rural Health Services and Family Welfare, Thoothukudi, Dr. Priyadharshini, MBBS, DGO, Joint Director of Health Services, Thoothukudi, Dr. K. Sundarlingam, MBBS, DTCD., Deputy Director of Health Services (Tuberculosis), Thoothukudi nurtured the issues related to population such as family planning, reproductive health and sustainable development.

III. **Objective:** To create awareness about the importance of tree planting

Nature of the Event : Tree Plantation
Title of the Event : Tree Plantation Programme
Date : 14.08.2025
Mode : Offline

Attachments

Video link:

https://drive.google.com/file/d/1JzeA0IidIoSXCnkyrNLTrWXfQrU9ed0/view?usp=drive_li
[nk](#)

Photo 1



Photo 2



Meeting Report

3. On 14th August 2025, National Service Scheme (Unit No. 66, 67, 129 and 130) of St. Mary's College (Autonomous), Thoothukudi in association with Bank of Baroda planted various saplings on the college campus to create awareness about the importance of tree planting. NSS volunteers actively participated. The first sapling was planted by the College Principal Rev. Sr. Dr. Jessie Fernando.

IV. Objective: To enrich the talent of the students

Nature of the Event	: Competition
Title of the Event	: Elocution and Book Review Competitions
Date	: 19.08.2025
Beneficiaries	: 75
Mode	: Offline

Attachments

Video link:

https://drive.google.com/file/d/1A1af_F9wfw2la5J9ynQsZiNP5kO8vw/view?usp=drive_link

Brochure

**St. Mary's College (Autonomous)**
(Re-Accredited with A+ Grade By NAAC)
Thoothukudi

NATIONAL SERVICE SCHEME
(UNIT NO: 66, 67, 129 & 130)



in
association with the 6th Book Fair,
Thoothukudi District

organises
இரண்டு நிமிட பேச்சுப் போட்டி - "தமிழ் இலக்கியத்தில் பெண்கள்"
நூல் அறிமுக போட்டி - "நிறைய அறைகள் உள்ள வீடு (நூல்
ஆசிரியர் - குட்டி ரேவதி)"

Date: 19.08.2025 Time: 10:00 a.m.
Venue: Fatima Hall

With Special wishes from
Rev. Sr. Dr. S. Kulandai Therese, Secretary
Rev. Sr. Dr. Jessie Fernando, Principal
Rev. Sr. Dr. M. S. Ezhilarasi, Deputy Principal
Rev. Sr. Dr. A. Arockia Jenecius Alphonse, SSC Director

Organising Team - NSS POs
Dr. S. M. Vimala, Assistant Professor of History (Unit No.130)
Dr. X. Amala Steffi, Assistant Professor of English (Unit No.129)
Dr. P. Subavathy, Assistant Professor of Zoology (Unit No.66)
Dr. T. Priyanka, Assistant Professor of Commerce (Unit No.67)
Ms. J. Jancy Rani, Assistant Professor of BBA
Ms. S. Sujitha, Assistant Professor of Microbiology

Photo 1



Photo 2



Meeting Report

4. On 19th August 2025, National Service Scheme (Unit No. 66, 67, 129 and 130) of St. Mary's College (Autonomous), Thoothukudi organizes Irandu Nimida Pechu Potti – “Thamizh Ilakkiyathil Pengal” (Elocution Competition) and Nool Arimuga Potti – “Niraiya Araigal Ulla Veedu” (Author – Kutti Revathi) (Book Review) in association with the 6th Book Fair, Thoothukudi District. The prize winners of the Elocution Competitions are: S. Aswarniha, II M. Sc Chemistry, A. Muthumadhumitha – II M.A. History and M. Santra Maxline – I B.A. English Literature and Book Review winners: A. Muthumadhumitha – II M.A. History, S. Aswarniha, II M. Sc Chemistry and J. Arputha Snowlin – I B.A. English Literature.

V. Objective: To enrich the talent of the students

Nature of the Event : 6th Book Fair

Title of the Event : Book Review Competition

Date : 21.08.2025

Mode : Offline

Attachments

Video link : NIL

Brochure

6th புத்தகத் திருவிழா 2025

தொடர்புடைய பணிக்

நிகழும் திருவள்ளூர் ஆண்டு 2056 ஆவணி 6 ஆம் நாள் 22.08.2025 வெள்ளிக்கிழமை முதல் 3 1.08.2025 சூரியநிறக்கிழமை வரை தூத்துக்குடி, தருவை மைதானத்தில் புத்தகத் திருவிழா சிறப்பாக நடைபெறவுள்ளது.

தலைமையுரை

திருமதி. க.இளம்பகவத், இ.ஆ.ப., அவர்கள்
மாநாட்டின் தலைவர், தூத்துக்குடி

சிறப்புரை

மாண்புமிகு பாராளுமன்ற உறுப்பினர், தூத்துக்குடி
திருமதி. கனிமொழி கருணாநிதி அவர்கள்

மாண்புமிகு சமூகநலன் மற்றும் மகளிர் உரிமைத்துறை அமைச்சர்
திருமதி. வ. கீதா ஜீவன் அவர்கள்

மாண்புமிகு மின்வளம் - மீனவர் நலன் மற்றும் கால்நடை, பறவைப்பித்துறை அமைச்சர்
திருமதி. அனிதா ஆர். ராதாகிருஷ்ணன் அவர்கள்

இவ்விழாவில் அனைவரும் கலந்து கொள்ளுமாறு அன்புடன் கேட்டுக்கொள்கிறோம்.

பொதற்குடி படி அச்சுக்கூடம்

இப்படிக்கு, தூத்துக்குடி மாநாட்டிற்வாகம்

Photo 1



Meeting Report

5. On 21st August 2025, in association with the 6th Book Fair, Thoothukudi District, the prize winners have selected to participated in District level Competitions at Geetha Jeevan Arts and Science College, Kurukkusalai, Thoothukudi. A. Muthumadhumitha – II M.A. History secured II Place in Nool Arimuga Potti (Book Review Competition).

VI. **Objective:** To enrich the talent of the students

Nature of the Event : 6th Book Fair

Title of the Event : Cultural of 6th Book Fair

Date : 29.08.2025

Mode : Offline

Attachments

Video link: [https://drive.google.com/file/d/1vz-eMy3NIaKLw4Cm3jyZl0DoiH4Acm /view?usp=drive_link](https://drive.google.com/file/d/1vz-eMy3NIaKLw4Cm3jyZl0DoiH4Acm/view?usp=drive_link)

Brochure



தூய மரியன்னைக் கல்லூரி
6 (தன்னாட்சி) தூத்துக்குடி
வது நாட்டு நலப்பணித்
திட்ட அணிகள் 130,129,67,66
புத்தகத்
திருவிழா கலை நிகழ்வுகள்
நிகழ்ச்சி நிரல்
பரதநாட்டியம்
புத்தக அறிமுகம் - பாரதிதாசனின் இருண்ட வீடு
(மதுமிதா)
சிலம்பம்
சமுதாயப் பாடல்
சிறப்புரை - தமிழ் இலக்கியத்தில் பெண்கள்
(அஸ்வந்ரிகா)
நாட்டுப்புற நடனம்
29/08/2025
இடம்: தருவை மைதானம்

Photo 1



Photo 2



Meeting Report

6. On 29th August 2025, in association with the 6th Book Fair, Thoothukudi District, National Service Scheme (Unit No. 66, 67, 129 and 130) of St. Mary's College (Autonomous), Thoothukudi organizes cultural programmes like Bharatanatyam, Puthaga Arimugam – Bharathidasan Irunda Veedu - A. Muthumadhumitha – II M.A. History, Silambam, Samudhaya Padal, Keynote Address in Thamizh Ilakkiyathil Pengal - S. Aswarniha, II M. Sc Chemistry, Naattupura Nadanam at Tharuvai Ground. Students actively participated in various competitions held in the Book Fair. The fair is organized in association with various publishers. The Sixth Book Fair in Thoothukudi had plenty of books on history and the younger generation would benefit through them and understand the significant contribution made by stalwarts in many spheres. National Service Scheme (NSS) of St. Mary's College (Autonomous), Thoothukudi arranged the students to visit the book fair on 29th August 2025.

Apart from special events such as patti mandram, the organizers had several events to demonstrate the art and traditions of the people.

VII. **Objective:** To motivate the students to preserve the legacy of Tamil and apply its values in their personal and social lives

Nature of the Event : Awareness Programme

Title of the Event : Maperum Tamil Kanavu

Date : 04.09.2025

Resource Person : Dr. Bharathi Krishnakumar, Tamil Documentary Filmmaker,
Producer & Writer

Beneficiaries : 200

Mode : Offline

Attachments

Video link : NIL

Photo 1



Photo 2



Meeting Report

7. V.O. Chidambaram College, Thoothukudi organized a special programme entitled “Maaperum Tamil Kanavu” on 4th September 2025. As per the instruction from the Joint Directorate of Collegiate Education, 43 NSS volunteers were escorted by NSS Programme Officers Dr. X. Amala Steffi, Assistant Professor of English and Dr. T. Priyanka, Assistant Professor of Commerce, St. Mary’s College (Autonomous), Thoothukudi participated in the programme. The Chief Guest and Speaker of the program was Dr. Bharathi Krishnakumar, a noted Tamil documentary filmmaker, producer, writer and speaker, who delivered an inspiring address on the heritage and contemporary relevance of the Tamil language and

culture. His speech motivated the students to preserve the legacy of Tamil and apply its values in their personal and social lives. The programme concluded with an interactive session, where students actively participated and shared their reflections.

VIII. **Objective:** To spread awareness about the harmful effects of plastic and other waste on marine life

Nature of the Event : Coastal Cleanup Day

Title of the Event : International Coastal Cleanup Day

Date : 17.09.2025

Mode : Offline

Attachments

Video link:

https://drive.google.com/file/d/16jNspOlRT4KGsD6v2GGPJKxj3lUWRNMw/view?usp=drive_link

https://drive.google.com/file/d/1Drf97fZl246M3O0Gvuy4Wq1Sg1hJp38-/view?usp=drive_link

Brochure



Photo 1



Photo 2



Meeting Report

8. National Service Scheme (Unit No. 66 and 130) of St. Mary's College (Autonomous), Thoothukudi in collaboration with HCL Foundation, to celebrate M.S. Swaminathan Birth Centenary Celebrations organized an International Coastal Cleanup Day on 17th September 2025 at Muthunagar Beach, Thoothukudi. The objective was to spread awareness about the harmful effects of plastic and other waste on marine life and to contribute towards a cleaner and healthier environment. Totally 50 NSS volunteers along with NCC students participated in the event. The students from various departments gathered at 7.00 am in the morning at the designated area. NSS coordinators Dr. S.M. Vimala and Dr. P. Subavathy supervised the event, ensuring that the necessary precautions were taken during the cleanup. The students were provided with gloves, garbage bags, and other cleaning equipment. The waste collected included plastic bottles, wrappers, discarded fishing nets, and other non-biodegradable materials that pose a threat to marine and coastal ecosystems. The volunteers worked diligently for hours, meticulously collecting and segregating the waste. The cleanup drive was successful in not only removing a significant amount of waste from the coastline but also in raising awareness among the participants and the local community about environmental conservation.

IX. **Objective:** To enrich the talent of the students

Nature of the Event : Competition

Title of the Event : Poster Making Competition

Date : 19.09.2025

Mode : Offline

Attachments

Video link:

https://drive.google.com/file/d/1q0sTHMxTk9Vu8q8Upya1hkMJpO48RBT/view?usp=drive_link

Brochure



St. Mary's College (Autonomous)
(Re-accredited with A+ Grade By NAAC)
Thoothukudi

NATIONAL SERVICE SCHEME
(UNIT NO: 66, 67, 129 & 130)

organises a
POSTER MAKING COMPETITION
on the topic "Youth for Digital India"
in commemoration of
National Service Scheme Day



Date: 19.09.2025 Time: 10.00 a.m. Venue: Fatima Hall

With special wishes from
Rev. Sr. Dr. S. Kulandai Therese, Secretary
Rev. Sr. Dr. Jessie Fernando, Principal
Rev. Sr. Dr. M. S. Ezhilarasi, Deputy Principal
Rev. Sr. Dr. A. Arockia Jenecius Alphonse, Director, SSC

Organising Team – NSS POs
Dr. S. M. Vimala, Assistant Professor of History (Unit No.130)
Dr. X. Amala Steffi, Assistant Professor of English (Unit No.129)
Dr. P. Subavathy, Assistant Professor of Zoology (Unit No.66)
Dr. T. Priyanka, Assistant Professor of Commerce (Unit No.67)
Ms. J. Jancy Rani, Assistant Professor of BBA
Ms. S. Sujitha, Assistant Professor of Microbiology

Photo 1

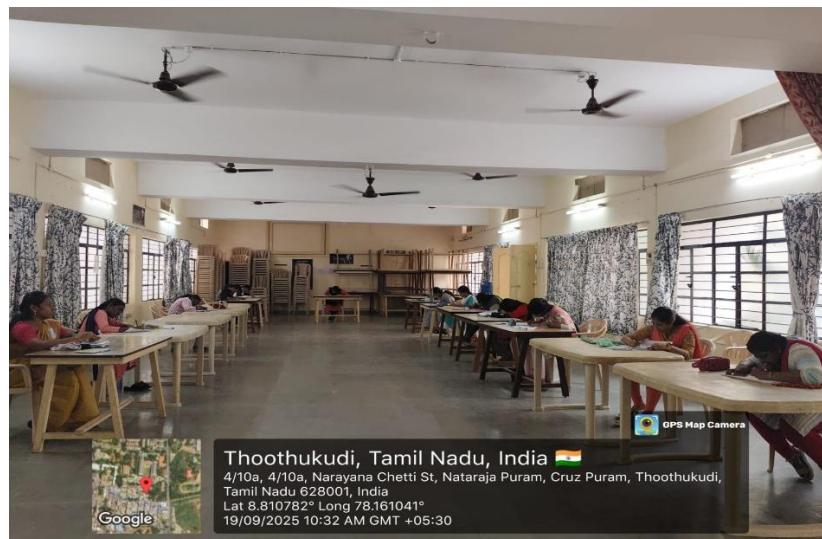


Photo 2



Meeting Report

9. National Service Scheme (Units 66, 67, 129 & 130) of St. Mary's College (Autonomous), Thoothukudi, organized a Poster Making Competition on the theme "Youth for Digital India" on 19th September 2025 in commemoration of National Service Scheme Day observed on 24th September 2025. The competition provided a creative platform for students to express their ideas on the role of youth in shaping a digitally empowered nation. Totally 12 students from various departments enthusiastically participated. The participants showcased innovative and thought-provoking posters, reflecting their awareness and enthusiasm for India's digital transformation. The competition was judged by Dr. A. Nirmala Shirley, Assistant Professor of Physics and Ms. R. Rohini, Assistant Professor of Psychology. They evaluated the posters based on creativity, originality, relevance to the theme and overall presentation. The winners of the competition were:

- **First Prize – D. Sneha (I M.A. English)**
- **Second Prize – M. Fathiam Fazeena (I B.Sc. Psychology)**
- **Third Prize – J. Antro Alice Shinisha (III B.A. English)**

The event was successfully organized by the NSS Programme Officers. The competition witnessed active student participation and highlighted the commitment of the NSS units towards fostering creativity, awareness, and social responsibility among youth.

- X. **Objective:** To create awareness among students about tuberculosis prevention and control and to encourage their active participation in community health initiatives through My Bharath Volunteer programme

Nature of the Event : Awareness Programme

Title of the Event : **National Tuberculosis Elimination Programme (NTEP) and Enrolment of NSS Students in My Bharat Volunteer**

Date : 30.09.2025

Resource Person : Mr. Mohan, District Public - Private Mix Coordinator; Mr. Mariappan, DRTB Coordinator; Mr. Sankar, District Programme Coordinator; and Mr. Roy, Senior Treatment Supervisor

Beneficiaries : 400

Mode : Offline

Attachments

Video link:

https://drive.google.com/file/d/18Iqx1LmzptNop5VewbHS1iBL0ehFISKb/view?usp=drive_link

Brochure



St. Mary's College (Autonomous)
(Re-accredited with A Grade by NAAC 5th Cycle)
Thoothukudi

NATIONAL SERVICE SCHEME
(UNITS: 67, 130, 66, 129)



in association with
District Tuberculosis Centre, Thoothukudi
organises

**National Tuberculosis Elimination Programme (NTEP) &
Enrollment of NSS Students in My Bharat Volunteer**

DATE: 30.09.2025 TIME: 11.00 A.M VENUE: AUDITORIUM

Resource Persons

Mr. Mohan District Public-Private Mix Coordinator	Mr. Sankar District Programme Coordinator
Mr. Mariappan DRTB Coordinator	Mr. Roy Senior Treatment Supervisor

With special wishes from

Rev. Sr. Dr. S. Kulandai Therese, Secretary
Rev. Sr. Dr. Jessie Fernando, Principal
Rev. Sr. Dr. M.S. Ezhilarasi, Deputy Principal
Rev. Sr. Dr. A. Arockia Jenecius Alphonse, Director, SSC

Organising Team - NSS POs

Dr. S. M. Vimala, Assistant Professor of History (Unit No.130)
Dr. X. Amala Steffi, Assistant Professor of English (Unit No.129)
Dr. P. Subavathy, Assistant Professor of Zoology (Unit No.66)
Dr. T. Priyanka, Assistant Professor of Commerce (Unit No.67)
Ms.J. Jancy Rani, Assistant Professor of BBA
Ms. S. Sujitha, Assistant Professor of Microbiology

Photo 1



Photo 2



Meeting Report

10. National Service Scheme (Units 67, 130, 66, 129) of St. Mary's College (Autonomous), Thoothukudi, in association with the District Tuberculosis Centre, Thoothukudi, organized a special awareness programme on the Elimination of Tuberculosis on 30th September 2025. The event aimed to create awareness among students about tuberculosis prevention and control and to encourage their active participation in community health initiatives through the My Bharath Volunteer programme. The session commenced with a warm welcome followed by an invocation. The district tuberculosis health officials - Mr. Mohan, District Public - Private Mix Coordinator; Mr. Mariappan, DRTB Coordinator; Mr. Sankar, District Programme Coordinator; and Mr. Roy, Senior Treatment Supervisor - addressed the

gathering. They enlightened the students on various aspects of tuberculosis, including its causes, symptoms, treatment and the Government's initiatives to eliminate the disease under the NTEP scheme. They also motivated NSS volunteers to take up the role of health ambassadors in spreading awareness among the public. Around 400 students registered on the My Bharat Portal as volunteers, showing their commitment to community service and public health. The programme concluded with an interactive session and a vote of thanks. The event proved to be highly informative and inspiring, instilling a sense of social responsibility and volunteerism among the students.

- XI. **Objective:** To create awareness among the public, especially the youth on the ill effects of drug abuse

Nature of the Event : Rally

Title of the Event : Anti – Drug Awareness Rally

Date : 02.10.2025

Resource Person : C. Madhan, Assistant Superintendent of Police,
Thoothukudi

Beneficiaries : 100

Mode : Offline

Attachments

Video link : NIL

Brochure



St. Mary's College (Autonomous)
(Re-accredited with A Grade by NAAC 5th Cycle)
Thoothukudi

NATIONAL SERVICE SCHEME
(UNITS: 67, 130, 66, 129)



in association with
Amalorpava Matha Drug Prevention Centre, Tuticorin Diocese &
Susainathar Madhuvilaku Movement (SMM), Thoothukudi
organises

**RALLY - IN COMMEMORATION OF NATIONAL DRUG PREVENTION DAY &
GANDHI JAYANTHI**

DATE: 02.10.2025 TIME: 09.00 A.M



Flag Off Ceremony
Albert John, IPS
Superintendent of Police
Thoothukudi



Pledge Administrator
Rev. Sr. Dr. Jessie Fernando
Principal, St. Mary's College
(Autonomous), Thoothukudi

With special wishes from

Rev. Sr. Dr. S. Kulandai Therese, Secretary

Rev. Sr. Dr. Jessie Fernando, Principal

Rev. Sr. Dr. M.S. Ezhilarasi, Deputy Principal

Rev. Sr. Dr. A. Arockia Jenecius Alphonse, Director, SSC

Organising Team - NSS POs

Dr. S. M. Vimala, Assistant Professor of History (Unit No.130)

Dr. X. Amala Steffi, Assistant Professor of English (Unit No.129)

Dr. P. Subavathy, Assistant Professor of Zoology (Unit No.66)

Dr. T. Priyanka, Assistant Professor of Commerce (Unit No.67)

Photo 1



Photo 2



Meeting Report

11. National Service Scheme (Units 66, 67, 129 & 130) in association with Amalorpava Matha Drug Prevention Centre, Thoothukudi Diocese and Susainathar Madhuvilaku Movement (SMM), Thoothukudi St. Mary's College (Autonomous), organized an Anti-Drug Awareness Rally on 2nd October 2025 with the objective of creating awareness among the public, especially the youth, on the ill effects of drug abuse. The rally was formally inaugurated and flagged off by C. Madhan, Assistant Superintendent of Police (ASP), Thoothukudi, in the gracious presence of faculty, cadets, students and the public. The rally was commenced from St. Mary's College campus, proceeded through the main streets and concluded at Our Lady of Snows Basilica, Thoothukudi. The oath against drug abuse was solemnly led by the Principal, Rev. Sr. Dr. Jessie Fernando, who motivated the students to

take a strong stand for a drug-free society. A special address was delivered by Bishop Stephen, Bishop of the Diocese of Thoothukudi, who urged the students and the public to commit themselves building a healthy and value-based community. The rally witnessed enthusiastic participation from St. Mary's College NSS students, NCC cadets, AICUF, YRC, RRC, Anti-Drug Forum students, and NCC units of Holy Cross Anglo – Indian School, Aloysius Girls Hr. Sec. School, and St. Xavier's School. The event concluded with the reaffirmation of the pledge to eliminate drug abuse and to promote a safe and healthy society.

- XII. **Objective:** To inculcate knowledge on the need and importance of voluntary blood donation

Nature of the Event : Blood Donation

Title of the Event : Blood Donation Camp

Date : 07.10.2025

Resource Person : Dr. R. Shanthi, MBBS., DCP, Medical College Officer,
Thoothukudi Government Medical College

Beneficiaries : 100

Mode : Offline

Attachments

Video link:

https://drive.google.com/file/d/1YAvX8uIrNorHgRNjsB0r9An_Hva4bczr/view?usp=drive_link

Brochure



St. Mary's College (Autonomous)
Re-Accredited with 'A' Grade by NAAC (5th Cycle)
Thoothukudi

National Service Scheme (Unit No: 66 and 130)
and Youth Red Cross

jointly organize a
Blood Donation Camp

DATE: 07.10.2025 **VENUE: Star Hall**
TIMING: 10.30 a.m to 3.30 p.m

Chief Guest
Dr.R.Shanthi, MBBS., DCP, Medical Officer,
Thoothukudi Government Medical College

DONATE BLOOD - LET'S CIRCULATE GOODNESS

With special wishes from
Rev. Sr. Dr. S. Kulandai Therese, Secretary
Rev. Sr. Dr. Jessie Fernando, Principal
Rev. Sr. Dr. M. S. Ezhilarasi, Deputy Principal
Rev. Sr. Dr. A. Arockia Jenecius Alphonse, Director, SSC

Organising team:
NSS POs:
Dr. S. M. Vimala, Assistant Professor of History (Unit - 130)
Dr. P. Subavathy, Assistant Professor of Zoology (Unit - 66)
YRC Coordinators:
Ms. S. Navarathinam, Assistant Professor of Tamil
Ms. S. Aishwarya Durga, Assistant Professor of Psychology

Photo 1



Photo 2



Meeting report

12. National Service Scheme (Unit No. 66 & 130) and Youth Red Cross of St. Mary's College (Autonomous), Thoothukudi under the guidance of Dr. S.M. Vimala, Assistant Professor of History and Dr. P. Subavathy, Assistant Professor of Zoology, NSS Programme Officers and Youth Red Cross jointly organizes a 'Blood Donation Camp' on 07th October 2025 in collaboration with Thoothukudi Government Medical College Hospital, Thoothukudi. Rev. Sr. Dr. Jessie Fernando, Principal inaugurated the Blood Donation Camp. Dr. R. Shanthi, MBBS., DCP, Medical College Officer, Thoothukudi Government Medical College inculcated knowledge on the need for the donation of blood to students. She raised awareness about the importance of voluntary blood donation and foster community involvement. The camp witnessed overwhelming response and enthusiastic participation from students and faculty. The donors underwent screening including hemoglobin tests to ensure they are healthy and suitable for blood donation. Over 17.5 units of blood were collected under the

guidance of medical professionals from Thoothukudi Government Medical College Hospital. Nearly 25 students and staff members donated their blood. This camp served to provide access to blood without requiring donors to visit a hospital, educate the public on the importance of blood donation and are typically run by Government recognized blood banks with trained staff. Blood Donation camps ensure a consistent and adequate stock of safe blood for emergencies, surgeries and chronic illnesses.

XIII. **Objective:** To inculcate the needs of NSS and the role of volunteers towards the society

Nature of the Event : Awareness Programme

Title of the Event : NSS PO's Meet/ University Level NSS Award & Viksit
Bharath Yuva Connect Programme

Date : 10.10.2025

Resource Person : Dr. Y. Srinivas, Member Syndicate, Professor and Head, MSU, Tirunelveli, Dr. C. Samuel Chelliah, Regional Director of NSS, Chennai, Dr. A. Veliappan, Associate Professor, NSS Coordinator, MSU, Tirunelveli, Dr. N. Rajalingam, Professor and Head, Former NSS Coordinator, MSU, Tirunelveli and Dr. M. Pandi, NSS Coordinator, Madurai Kamaraj University, Madurai

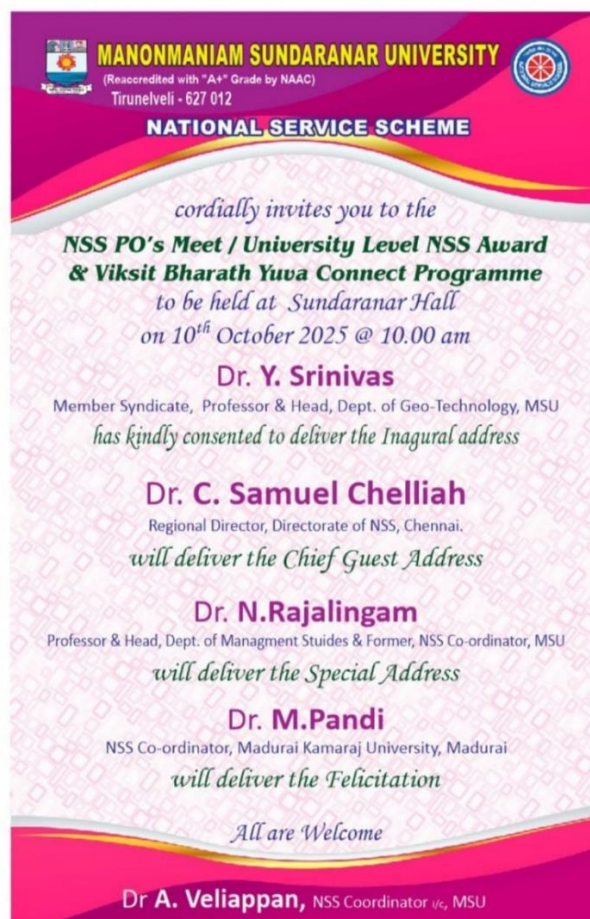
Beneficiaries : 150

Mode : Offline

Attachments

Video link : NIL

Brochure



Meeting Report

13. The NSS Programme Officers Dr. X. Amala Steffi, Assistant Professor of English and Dr.

T. Priyanka, Assistant Professor of Commerce, St. Mary's College (Autonomous), Thoothukudi participated in the NSS PO's Meet/ University Level NSS Award and Viksit Bharath Yuva Connect Programme held in Manonmaniam Sundaranar University, Tirunelveli on 10th October 2025. Dr. Y. Srinivas, Member Syndicate, Professor and Head, MSU, Tirunelveli, Dr. C. Samuel Chelliah, Regional Director of NSS, Chennai, Dr. A. Veliappan, Associate Professor, NSS Coordinator, MSU, Tirunelveli, Dr. N. Rajalingam, Professor and Head, Former NSS Coordinator, MSU, Tirunelveli and Dr. M. Pandi, NSS Coordinator, Madurai Kamaraj University, Madurai explained about the NSS Motto, emblem, objectives and various activities carried out by NSS. He elaborated about the needs of NSS and the role of volunteers towards the society.

XIV. **Objective:** To create awareness about fire safety, preventive measures and emergency handling techniques

Nature of the Event : Demonstration

Title of the Event : Safety Measures and Fire Rescue Demonstration

Date : 12.10.2025

Resource Person : Mrs. N. Nattar, Assistant District Officer, Thoothukudi

Beneficiaries : 50

Mode : Offline

Attachments

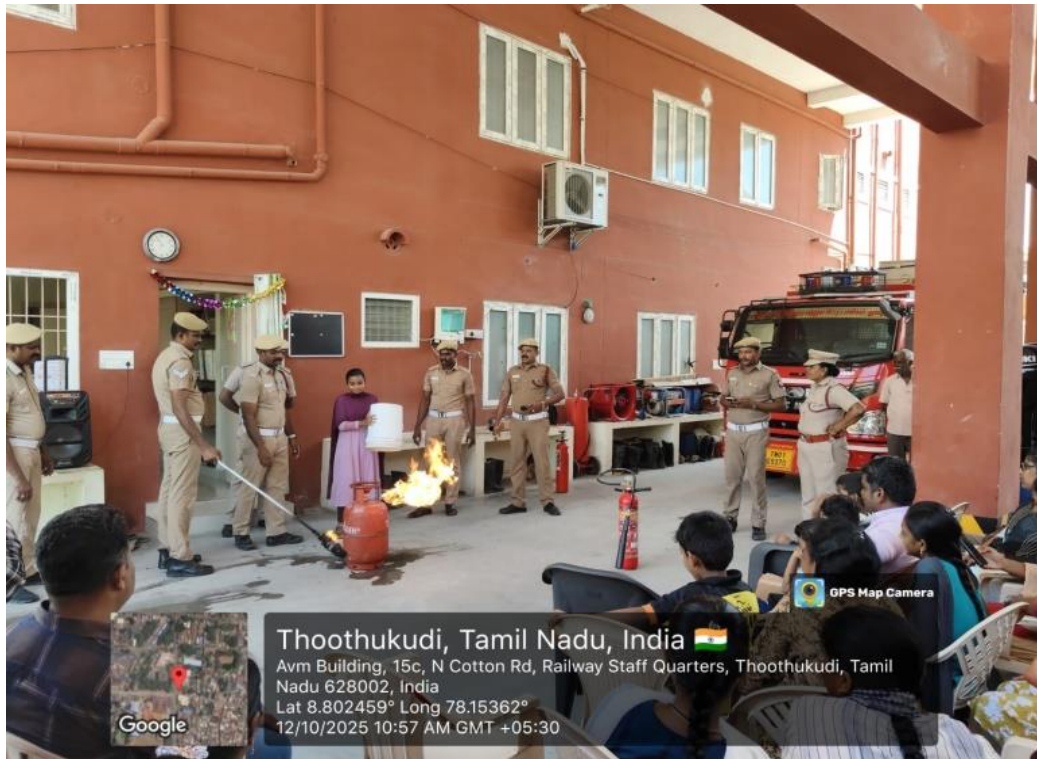
Video link:

https://drive.google.com/file/d/1Ttaw79mfSZiAGb_DKrsKkD9ngJP1eiqm/view?usp=drive_link

Photo 1



Photo 2



Meeting Report

14. A demonstration on Safety Measures and Fire Rescue Operations was conducted with the title “Vaanga Katrukolvom” by the Tamil Nadu Fire and Rescue Services Department, Thoothukudi, on 12th October 2025 at the Fire and Rescue Service Station, Thoothukudi. The session aimed to create awareness about fire safety, preventive measures and emergency handling techniques. Mrs. N. Nattar, Assistant District Officer, explained the proper use of gas cylinders, fire extinguishers, and other rescue equipment. Fire safety officers provided practical training on how to act swiftly and safely during fire accidents, ensuring minimal damage and maximum safety. The students under the guidance of Dr. X. Amala Steffi, Assistant Professor of English and Dr. T. Priyanka, Assistant Professor of Commerce gained valuable insights into the functioning of various rescue tools and the importance of safety precautions in daily life. The demonstration emphasized the significance of responsible handling of flammable substances. The programme concluded with an interactive session where officers clarified students’ doubts and encouraged them to spread awareness on fire safety within their communities.